What's Happening

SEPTEMBER/ OCTOBER 1984

SPECIAL EVENTS / DATES

All events are free unless otherwise noted.

Thurs., Sept. 6: **Women's Resource Center Workshop: Beginning Investment Workshop for Women.** Toland Hall, 533 Parnassus Ave. Noon-1 p.m.

Wed., Sept. 19: **Slideshow: Natalie Barney & Friends.** Toland Hall, 533 Parnassus Ave. Noon-1 p.m. Sponsored by the Women's Resource Center, the Gay & Lesbian Caucus, & the Lesbian Feminist Network.

Fri., Sept. 21: **The 18th Annual John E. Gurley Lecture: Current & Future Solutions to Common Problems in Dental Practice.** Holiday Inn Golden Gateway, SF. 9-10 a.m. Call 666-1101.

Tues., Sept. 25: **Reception for Artist Sister Adele** whose color photomontage artwork is on display. Faculty/ Alumni House, 745 Parnassus Ave. 4:30-7 p.m.

Fri., Sept. 28: **Gordon Tomkins Lecture & Concert: Works by pianist Emmanuel Ax.** Followed by **Mass Extinctions & Their Extraterrestrial Causes.** Luis Alvarez, UC-Berkeley. Cole Hall, 513 Parnassus Ave. 3 p.m. Call 666-4324.

Wed., Oct. 3: **Millberry Union's Registration for Children's & Adult Classes.** Students & Millberry Union members only. New classes include: Entry Level & Parent-Child Aerobics. Millberry Union Central Desk, 500 Parnassus Ave. 8 a.m.-2 p.m. & 4-7 p.m. For further information and a free brochure call 666-1800.

Thurs., Oct. 4: **Millberry Union's General Registration for Children's Classes.** Millberry Union Central Desk, 500 Parnassus Ave. 8 a.m.-2 p.m. & 4-7 p.m. For further information and a free brochure call 666-1800.

Fri., Oct. 5: **Millberry Union's General Registration for Adult Classes.** Millberry Union Central Desk, 500 Parnassus Ave. 8 a.m.-2 p.m. & 4-7 p.m. For further information and a free brochure call 666-1800.

Mon., Oct. 8: **Campus Blood Drive.** Blood may be given in Millberry Union main lounge, 500 Parnassus Ave., from 8 a.m.-3 p.m., and on the mezzanine level of the School of Nursing building (enter through 521 Parnassus Ave.) from 11 a.m.-5:30 p.m. For further information call 666-4394.

Wed., Oct. 10: **Twilight Concert: Pippin's Pocket Opera.** UCSF students & Millberry Union members $3, general $4. Millberry Union lounges, 500 Parnassus Ave. Reception 5 p.m., concert 5:45 p.m.

Fri., Oct. 12: **Coffeehouse Concert: Blue Flame String Band.** UCSF students & Millberry Union members $3, general $4. Millberry Union Cafe, 500 Parnassus Ave. 8 p.m.

Wed., Oct. 17: **Dance Demonstration.** Featuring choreographers Helen Dannenberg, Nancy Karp, Virginia Matthews, & Deborah Slater. UCSF students and Millberry Union members $2, general $2.50. Millberry Union Gym, 500 Parnassus Ave. 5:30 p.m.

Wed., Oct. 17: **The Use of Alternative Therapies for Various Health Problems.** A Community Health Education Lecture. Toland Hall, 533 Parnassus Ave. 7:30-9 p.m. Free parking also available. Call 666-3206 or 666-2571.

Thurs., Oct. 18: **Lecture/Slide Presentation: Seven Wonders of the World.** HSW 303 (enter through 513 Parnassus Ave.). Noon.

Thurs., Oct. 18: **Chauncey Leake Lecture: Sources of Specificity in the Nervous System.** Floyd Bloom, Scripps Clinic & Research Foundation, La Jolla. Cole Hall, 513 Parnassus Ave. 3 p.m.

Wed., Oct. 24: **Twilight Concert: The Naked Gershwin.** Featuring Cecil Lytle, Daryl Partt, James Witt, & Julie Kierstine. UCSF students & Millberry Union members $3, general $4. Millberry Union Lounges, 500 Parnassus Ave. Reception 5 p.m., concert 5:45 p.m.

COMMUNITY HEALTH EDUCATION PROGRAMS

All lectures are free and geared to senior citizens. Topics are subject to change. For a complete listing of topics including those for October call 666-3206.

September

Nutrition. St. Mary's Cathedral Senior Center, 111 Gough St.

Weight Control. Senior Nutrition Program, Laguna Honda Hospital, 375 Laguna Honda Blvd.

Sleep in the Elderly. Seventh Ave. Presbyterian Senior Center, 1329 Seventh Ave.

GRETE SIMPSON LECTURES

Presented by the Department of Psychiatry as part of grand rounds.

Thurs., Sept. 13: **Psychobiological Studies of Mania.** William E. Bunney, UC-Irvine. HSW 301. 11 a.m.-12:30 p.m. Also to present **An Afternoon Discussion Seminar with Dr. Bunney.** LPPI Auditorium, 401 Parnassus Ave. 1:30-3 p.m.

Thurs., Sept. 20: **Complexity & Unity: Resolution of Paradox in Psychobiological Development.** Louis W. Sander, University of Colorado. HSW 301. 11 a.m.-12:30 p.m.

Thurs., Oct. 4: **Diagnosis of Dementia: PET Scan Correlations.** D. Frank Benson, UCLA. HSW 301. 11 a.m.-12:30 p.m. Also to present **Psychiatric Aspects of Epilepsy.** LPPI Auditorium, 401 Parnassus Ave. 3-4 p.m.

Wed., Oct. 10: **Depression in Families.** Myrna Weissman, Yale. VAMC Auditorium, Bldg. 7, 4150 Clement St. 12:30-1:30 p.m. Also to present **Psychotherapeutic & Medication Treatments for Depression.** LPPI Auditorium, 401 Parnassus Ave. 2:30-3:45 p.m.

Thurs., Oct. 18: **Psychobiology of Obsessive-Compulsive Disorders.** Thomas Insel, NIMH. HSW 301. 11 a.m.-12:30 p.m.

CAMPUS TOURS

All tours are free and take place at 1 p.m. on Tuesdays, September 4, 11, 18, and 25 and October 2, 9, 16, 23, and 30. Meet in the lobby of the Medical Sciences building, 513 Parnassus Ave. For further information call 666-4394.

BROWN BAG TOURS / LECTURE SERIES

All lectures are free and held on Wednesdays at noon in Room 303 Health Sciences West (enter through Medical Sciences lobby, 513 Parnassus Ave.). Tapes of all talks are available for listening in the UCSF Library, SIMA Unit, Room 345 Health Sciences East. For further information call 666-4394.

Sept. 5: **Kicking the Habit.** Benefits & methods of quitting cigarette smoking.

Sept. 12: **Is It Pain or Is It Gain?** Athletic problems with legs, ankles, & feet.

Sept. 19: **Moving Beyond the Obvious.** How to think creatively & effectively to solve problems & seize opportunities.

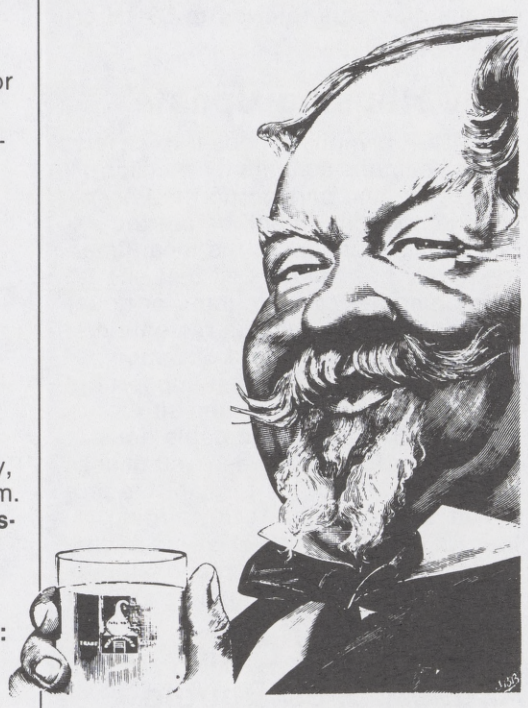
Sept. 26: **If We Must Grow Old—Do So—In the US or UK?** A comparison of long-term care in the United States & Scotland.

Oct. 3: **Women's Roles in Health & Healing.** Being a woman can be hazardous to your health.

Oct. 10: **You & Your Money.** The keys to sound family financial planning.

Oct. 17: **Improving Your Memory & Recall.** Techniques for remembering & retaining what you want.

Oct. 24: **How Colors Control Your Life.** Use color power for energy, beauty, success, love, & influence.



Oct. 31: **Tired of Being a Victim of Health Diet Scams?** Effective weight management can be a reality.

FOLK DANCING

Learn folk dancing from various parts of the world. No partner needed and everyone is welcome to attend. Held every Tuesday in the Millberry Union Gym, 500 Parnassus Ave. 1-2:15 p.m.

MASSAGE SERVICE

Millberry Union offers massages Mon.-Thurs., 3-8 p.m.; Fri., 12-2 p.m; Sat., 10 a.m.-2 p.m. UCSF students and Millberry Union members $9 half hour, $17 hour; general $13 half hour, $20 hour. Gift certificates are available. For further information call 666-1115 or visit the pool desk in Millberry Union, 500 Parnassus Ave.

COLE HALL CINEMA

All films are shown in Cole Hall, Medical Sciences building, 513 Parnassus Ave. Children under 14 $1.50, UCSF students & Millberry Union members $2, general $2.50. For further information call 666-2019.

Thurs., Sept. 27: **La Traviata.** 5:45 p.m.

Fri., Sept. 28: **La Traviata.** 6:30 & 8:30 p.m.

Fri., Oct. 5: **Romancing the Stone.** 6:30 & 8:30 p.m.

Fri., Oct. 19: **The Empire Strikes Back.** 6:30 & 8:45 p.m.

Sat., Oct. 20: **The Empire Strikes Back.** 8 p.m.

Thurs., Oct. 25: **The Rear Window.** 5:45 p.m.

Fri., Oct. 26: **Rear Window.** 6:30 & 8:45 p.m.

SELF DEFENSE WORKSHOPS

Class size is limited & pre-registration is required. Fees must be received prior to the class or the space will be reassigned. Fees will be refunded if cancellation takes place one week prior to the class starting date. For further information & pre-registration call 666-5683.

Women's 8-Week Class: Mon., Sept. 10-Oct. 29 or Tues., Sept. 11-Oct. 30. $25 campus, $45 general. 6:30-9:30 p.m.

Women's 5-Week Class: Wed., Sept. 19-Oct. 17. $25. 6:30-8:30 p.m.

Women's One-Day Workshops: Sat., Sept. 29 & Oct. 27. $10 campus, $30 general. 9 a.m.-5 p.m.

OUTDOORS UNLIMITED/ WILDERNESS EXCHANGE

Outdoors Unlimited has moved to its new location on Parnassus Ave., street level of old University Hospital building between 3rd and 4th Ave. Sign up for activities from 11:30 a.m. to 1:30 p.m. or 5 to 7 p.m., Monday & Friday; 11:30 a.m. to 1:30 p.m. or 4 to 6 p.m., Tuesday to Thursday. Two-week advance registration is required for most events. For further information call 666-2078.

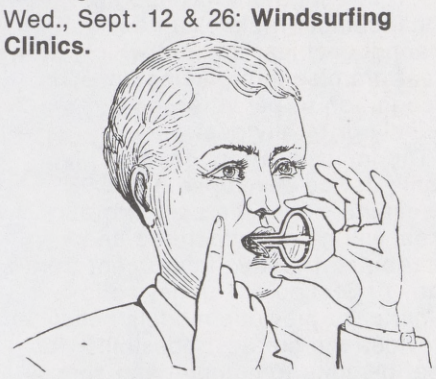
Sept. 5, 6, 11, 12: **Brainstorming meetings for bicyclers, wind surfers, backpackers, hikers, canoers, kayakers, X-C skiers, & more.** Call 666-2078 for specific meetings. OU Center. 7:30 p.m.

Sun., Sept. 9: **Your First Windsurfing Race.**

Sept. 10-Nov. 12: **Advanced First Aid & Emergency Care Clinic.**

Wed.-Sat., Sept. 12-15: **Whitewater Rafting.**

Wed., Sept. 12 & 26: **Windsurfing Clinics.**



Sat., Sept. 29: **Outdoors Unlimited's 10th Anniversary Benefit Boogie.** Millberry Union Gym, 500 Parnassus Ave. $4.50. 8 p.m.-12:30 a.m.

Tues., Oct. 9: **Whitewater Canoe Clinic.**

UCSF
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UCSF
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RUSH—TIME DATED
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TO OUR NEIGHBORS

September & October, 1984, Vol. IX No. 5

UCSF Expands AIDS Research and Patient Care Programs

UCSF faculty, working collectively as a three-site team at the VA Medical Center, San Francisco General Hospital, and Moffitt/Long Hospitals on the UCSF campus, are involved in what has become one of the foremost centers for AIDS research and treatment in the country.

The newest service is an Adult Immunodeficiencies Clinic which opened in August on the fifth floor of the UCSF Ambulatory Care Center, 400 Parnassus Avenue. Established with state funding, the new clinic provides a complete range of consultative and continuing care services for AIDS patients referred by physicians in the community. Patients requiring inpatient care are hospitalized on the medical service or another UCSF subspecialty service. For further information call 666-3226.

The new clinic is part of the UCSF AIDS Clinical Research Center, which has two other components:

- The first, and still the largest serum and tissue bank for AIDS investigators around the world. The bank is a valuable means of researching the causes of the disease.
- A computer data center to compile all the possible information on the epidemiology of the disease and results of individual patient tests.

Supplementing the work of the Center are several treatment programs:

- The UCSF Kaposi's Sarcoma Clinic, which began on the Parnassus campus three years ago and has seen some 150 patients,
- The AIDS Clinic at SFGH, which began in 1982 and handles some 1,000 visits a month,
- The AIDS in-patient unit at SFGH. The only one of its kind in the country, it is devoted solely to patients suffering from the disease. It plans to expand soon from 12 to 24 beds.

UCSF researchers already have made important discoveries about the AIDS epidemic:

- A group of virologists have found antibodies to a recently discovered retrovirus, currently the prime suspect in causing AIDS, in 100 percent of 86 AIDS patients tested, and have isolated the retrovirus from nearly half of 45 AIDS patients examined. The study indicated that the virus suspected of causing AIDS shows no signs of having spread into the heterosexual population, even though it is "prevalent" among San Francisco gay men.
- UCSF researchers at SFGH and Mount Zion Hospital are participating in a six-hospital study to determine whether a new experimental drug can fight a virus called cytomegalovirus or "CMV" that can be deadly for patients with compromised immune systems.
- A collaborative study of 90 gay men across the country with non-Hodgkin's lymphoma—fast-growing tumors in the bone marrow, central nervous system, or abdomen—closely links the rare cancer to AIDS and generalized lymphadenopathy, and concludes that non-Hodgkin's lymphoma in homosexual men is a serious manifestation of AIDS and the AIDS-related complex.

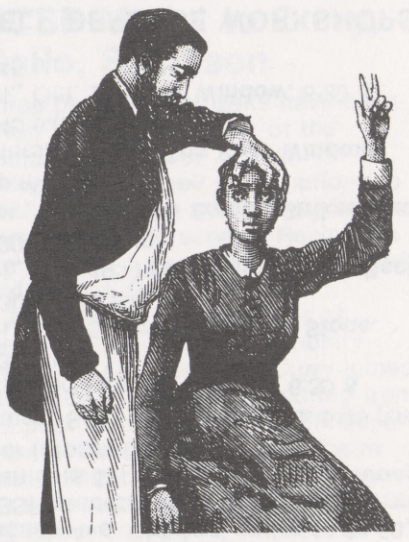
A new public research fund has been established to support AIDS research, patient care, and education at SFGH. The fund, started with a contribution from Loy Elser, a director of SF's Atlas Savings & Loan Association, is now up to an estimated $25-30,000 and will continue to be built with contributions from the public. Donations to the fund should be sent to the AIDS Research Funds for SFGH, c/o UCSF Foundation, 532 Parnassus Ave., SF, CA 94143.

Save Those Clothes!

Do you have any extra clothing you no longer wear? Some Langley Porter Psychiatric Institute patients are in need of casual clothing. If you have shirts, skirts, dresses, pants, sweaters, or childrens' clothes you would like to donate, call Dale Houston, chair of the LPPI Patients Benefit Fund, at 681-8080, extension 427.

Get'em While They're Hot

Posters of the Diego Rivera oil painting, "La Tortillera," which hangs in the lobby of San Francisco General Hospital, are now on sale for $20 in the SFGH Gift Shop and on the UCSF campus at the Millberry Union Book Store. The 1926 painting by one of Mexico's most famous artists was donated to UCSF with the stipulation it be hung at SFGH where the original owner, the late thoracic surgeon, Leo Eloesser, MD, served for 36 years. Proceeds from the poster sales go to SFGH patient care.



Physician Glut May Be Non-existent

The much-publicized "physician glut" in the US actually may be non-existent, according to a new study comparing physician oversupply in the US with European countries.

"Compared to most Western European countries, the US actually has a low proportion of medical students per population," said Steven A. Schroeder, MD, of the UCSF Institute for Health Policy Studies.

The study, reported in the July 20 issue of JAMA, showed that the most pressing health manpower problem in this country is an oversupply of specialists. The study also emphasized that control of physician supply should be done not through cutbacks in medical school enrollment but through decreasing the number of foreign medical school graduates working in this country.

New Clinic for Homeless Youth

The city's first medical clinic aimed at helping runaways and homeless youth now is in operation by UCSF physicians from SFGH.

Based in the Larkin Street Youth Center, the new service is a direct result of a study earlier this year that found a high incidence of serious medical and psychological problems among the young homeless.

UCSF pediatrician Nicolette Collins, MD, who collected the first statistics on health problems of runaways, is one of two physicians staffing the medical clinic one-half day a week.

"Centers for homeless youth traditionally focused on helping them find shelter, jobs, and possibly psychiatric counseling. Medical attention was almost always overlooked," said Collins.

Now all young people who pass through the Larkin Street Youth Center will be required to undergo a physical examination and screening for problems that are common among street youth and prostitutes. Minor problems will be treated at the clinic, with serious disorders referred to SFGH or outside physicians.

Poly Housing Update

The UCSF campus proposal to develop shared campus-community housing, recreation, and parking on the Poly High School site is still before the Board of Education. In the meantime, the mayor has announced that she is developing her own program for housing on the Poly site, plus recreation at Kezar. In June the Board of Supervisors passed a resolution supporting the City's acquisition of the site for the development of affordable housing. A task force has been established by the Mayor's Office to plan this proposed development. At this writing, the UCSF campus is not aware of the components of the City proposal, but looks forward to learning more about it.

Documented Child Abuse Cases Double

Public awareness of child sexual abuse is leading to a doubling in numbers of documented cases and also to new insights into the problem, reports UCSF psychiatrist Graeme Hanson, MD.

Reported cases in San Francisco jumped from 205 in 1979 to 389 in 1983. And cases may surpass 500 this year, estimates Hanson, assistant clinical professor of pediatrics and psychiatry at San Francisco General Hospital, who is chair of Mayor Feinstein's newly formed Advisory Council on Children, Youth and Families and a member of the state committee that is establishing a medical protocol for dealing with sexual abuse victims.

New Hearing Device for the Deaf

UCSF investigators have begun national clinical trials of a new multi-channel cochlear implant which shows great promise in providing speech recognition to persons who are profoundly or totally deaf.

The implant, a four-channel electronic device developed by UCSF researchers over the past two decades, will be manufactured and distributed by Storz Instrument Company of St. Louis. The device is superior to previous models because it provides the greatest possibility for deaf persons to comprehend speech without lip-reading cues.

The new device represents the optimum cochlear implant design currently available in terms of safety, reliability, bio-compatibility, and multi-channel stimulation, according to the UCSF investigators, who also are working to perfect six- and eight-channel devices for human implantation in the near future.